



Reiki PSB Elections

The election process for the Reiki Profession Specific Board (PSB) will begin on Monday 1 October 2018.

PSB members are elected by registrants in order to give CNHC registered practitioners a direct say in who will act as advisers to CNHC's Board. Any Reiki registrant can stand for election for the Reiki PSB, including those who are currently PSB members.

2018 Reiki PSB Election Timetable:

- Monday 1 October: CNHC registered Reiki practitioners to receive an email inviting them to stand for election
- Monday 22 October: deadline is 5pm for election statements
- Tuesday 23 October: election statements to be made available and CNHC registered Reiki practitioners will be invited to vote
- Tuesday 6 November: closing date is 12pm (midnight) for voting
- Wednesday 7 November: successful candidates to be notified and results announced.

Details for the Reiki PSB Elections can also be found on our website here: <https://www.cnhc.org.uk/reiki-psb-election-begins-soon>

Guidance on using the CNHC Quality Mark

If you are a CNHC registered practitioner using the CNHC Quality Mark, you must adhere to the CNHC Quality Mark regulations. We would like to highlight the specific use of the CNHC Quality on registrant websites.



If you are only registered for one discipline with CNHC, but list more than one therapy / service / discipline on your website, you are NOT permitted to have the CNHC Quality Mark or logo on the footer, homepage, profile / about page, or any other therapy page without making clear which therapy or therapies you are registered with CNHC for.

For example, if you are a CNHC registered Aromatherapist publicising aromatherapy, massage therapy and another service not regulated by CNHC on your own website or the website of a clinic where you practice, you are ONLY permitted to use the CNHC Quality Mark in the following instances:

- In the side bar or content of a page just about Aromatherapy
- On your profile / about page with the detail 'CNHC registered for Aromatherapy'
- In the footer with the detail 'CNHC registered for Aromatherapy'

The same regulations for use of the Quality Mark apply for any printed materials, such as leaflets or posters, whether they are produced by you or someone else.

You can find guidance for using the Quality Mark on our website [here](#).

Registration and renewal fee update

With effect from Monday 1 October 2018 the registration and renewal fee will be £70.00. Anyone completing their online registration or renewal up to midnight on Sunday 30 September 2018 will be able to register or renew at the current rate of £68.00. The fee for registration of additional disciplines will remain at £10 per discipline, and for renewal at £5 per discipline (to a maximum of four, after which it is free).

CNHC Local Champions

Do you want to help spread awareness of CNHC and your practice locally? Then we want to hear from you! We are expanding our Local Champions network and are looking for eager CNHC registrants to help spread the word about Standing up for Standards. If you are interested in finding out more, please get in touch with Carolyn Watson, Communications Manager: carolyn.watson@cnhc.org.uk

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Welcome to the August 2018 edition of newsupdate

CNHC Chair, Michael Watson

Hope you have all been able to make the most of this sunny and warm summer. Many of you may be off for holidays with the family now, enjoying some down time and taking in a good summer read.

While some of you may be winding down for a bit, CNHC has continued to stay as busy as ever. Within the last six weeks we have attended or exhibited at four events across seven days, reaching out to industry professionals and members of the public. In total, we distributed hundreds of CNHC leaflets and Royal Society for Public Health / Professional Standards Authority 'Untapped Resources' reports.

We have also been steadily building up our network of Local Champions, who volunteer their time to help us raise awareness of standing up for standards across the country. There are now 50 CNHC registrants that make up this network, and we want to keep growing. If you are interested in learning more about becoming a Local Champion, please email us for more information: info@cnhc.org.uk.

CNHC is also very proud that our website has achieved Cyber Essentials Plus certification provided by the National Cyber Security Centre, which demonstrates our commitment to the protection of all the personal data that we hold.

Also, don't forget that the elections for the Reiki Profession Specific Board (PSB) is coming soon, you'll find more details and important dates in the newsletter.

Wishing you all a relaxing summer break.

Best wishes, Michael



Michael Watson

CNHC Registrant receives Points of Light Award

We are delighted to share the news that Amanda Tata, CNHC registered Reflexologist and NHS volunteer, has received a 'Points of Light' award from the Prime Minister's Office, as part of the celebrations for the 70th anniversary of the NHS.

This award recognises Amanda's work on delivering a complementary therapy programme at University College Hospital (UCH).



Amanda has been volunteering at UCH for over 10 years, following in her mother's and grandmother's footsteps, as both of them also volunteered there. While her mother and grandmother were not practitioners, they gave much needed conversational support to patients and administrative support for NHS staff.

It is Amanda's mission to promote volunteering and provide complementary therapy in the NHS. She treats around 200 patients a year at UCH, offering a range of treatments including reflexology and massage. Amanda focuses her work on the general medical wards, where her treatments help patients relax and manage stress. Over the years she has grown the programme to a team of 12 professional complementary therapists who volunteer their time.

Following receipt of the Points of Light award, Amanda received a personal letter from Theresa May which said

"You are having a tremendous impact on patients and staff at University College Hospital. The complementary therapies you provide give them the opportunity to take some time away from their day and relax. By also training other professionals to donate their skills in this way you will reach even more people across the hospital. As we celebrate the 70th anniversary of the NHS, I want to wish you the very best with your initiative as you continue to support staff and patients alike."

Amanda's work is certainly getting noticed, as this is not the first time she has been honoured for her volunteer efforts. Earlier this year, she won the University College Hospital 'Volunteer of the Year Award'.

Congratulations Amanda, from all of us at CNHC.

Focus on the CNHC Code

Last month we had an overview of the CNHC Code, highlighting the six key principles that apply to all UK healthcare professionals. The full CNHC Code refers to each principle in detail, including where to find the content of relevant law. This month, we take a closer look at Principle A.

Principle A:

You must respect clients' dignity, individuality and privacy

There are 10 parts to Principle A (A1 – A10). Parts A1 – A4 deal with respecting clients' privacy, dignity and individuality while Parts A5 – A10 deal with various aspects of confidentiality. Each part of Principle A is listed below:

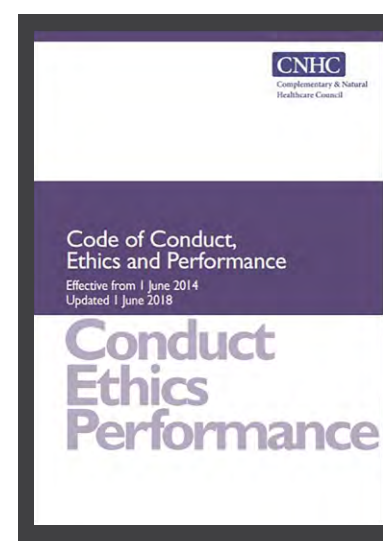
- A1 – Respecting privacy and dignity
- A2 – 'Chaperones'
- A3 – A legal duty to promote equality
- A4 – Avoiding unfair discrimination
- A5 – Confidentiality
- A6 – Data protection law
- A7 – Protecting confidential information
- A8 – Sharing confidential information with colleagues
- A9 – Getting client's consent to disclose confidential information
- A10 – Disclosing confidential information in the public interest

The Code clearly defines all 10 parts including examples, circumstances, and guidance. Parts A6 and A7 were updated in line with the new General Data Protection Regulations (GDPR) that came into effect in May this year.

Even if you feel very familiar with The Code, we recommend you review it regularly because it sets out the standards registrants are measured against on the rare occasions when we receive a complaint from a member of the public.

You can find The Code on our website here: <https://www.cnhc.org.uk/code-conduct-registrants>.

To request a printed copy of The Code, please email info@cnhc.org.uk or call 020 3668 0406.



The CNHC Blog

Our latest blog is from Fiona Hutchinson, CNHC Local Champion and CNHC registered Massage Therapist. Read about her experience of relocating her practice from London to Yorkshire and the tips for marketing and business development she picked up along the way.

Read Fiona's story here: <https://www.cnhc.org.uk/blog>

If you have a story to share, we would love to hear from you: info@cnhc.org.uk



Contact CNHC

Email: info@cnhc.org.uk | Phone: 020 3668 0406 | Website: www.cnhc.org.uk